

The Steadman Clinic
Dr. Jonathan A. Godin
181 W Meadow Drive Ste 400
Vail, CO 81657

Team Line: 970-238-8093
Team Fax: 970-237-5597

Thank you for choosing the Steadman Clinic and Dr. Godin for your surgical needs. We understand that you have a choice in where you have elective orthopedic surgery, and we appreciate that you chose Dr. Godin at The Steadman Clinic.

To help ensure that our patients have excellent post-operative outcomes, we ask that you complete an objective strength and functional assessment with Howard Head Physical Therapy. This testing provides us with data concerning how you are progressing after surgery and identifies deficits that need to be addressed, such as lack of range of motion or muscle weakness. While this testing is optional, it is highly recommended because we utilize this information as an important component of return to activity criteria, and it can help prevent re-injuries.

We recommend this testing to be completed at Howard Head (location of your choice) just prior to your 3 month, 6 month, 9 month, and 12 month post-operative appointments with Dr. Godin at The Steadman Clinic. Howard Head offers 9 different locations for your convenience. Please call the Howard Head location of your choice to make these 4 appointments as soon as possible (preferably the same day and just prior to your post-op appointment with Dr. Godin), as they tend to book months in advance and can ensure your insurance covers the cost of these appointments ahead of time. The test takes about 1 hour. Please wear athletic clothing.

Once you receive the results of your strength testing after your visit, please bring a copy to your post-op appointment with Dr. Godin so that we may review the values and make recommendations for future therapy goals or return to sport requirements.

If you have any questions about this strength testing, please contact our team. If you would like to book an appointment with Howard Head, please see the reverse side of this page for locations and contact information.

Thank you,

Team Godin:
Dr. Jonathan A. Godin; MD, MBA
Michelle Lafontaine; PA-C
Melanie Petronio; Practice Coordinator

Date of Surgery: _____ **Appointments Completed:** 3mo 6mo 9mo 12mo

HOWARD HEAD LOCATIONS

VAIL - Vail Health Hospital

180 South Frontage Rd, Vail, CO 81657

Phone: (970) 476-1225 | Fax: (970) 470-6653

Hours: Mon-Sun 8:00am - 6:30pm

AVON

126 Riverfront Lane, Avon, CO 81620

Phone: (970) 845-9600 | Fax: (970) 470-6690

Hours: Mon-Sat 8:00am - 6:30pm

BEAVER CREEK (Seasonal)

1280 Village Road, Avon, CO 81620

Phone: (970) 949-5522 | Fax: (970) 470-6615

Hours: (Nov-Apr): Mon-Sun 10:00am - 6:30pm

BRECKENRIDGE

505A South Main St., Breckenridge, CO 80424

Phone: (970) 547-2763 | Fax: 970-547-1969

Hours: Mon-Fri 8:00am - 6:30pm / Sat 8:00 - 3:30pm

EAGLE

377 Sylvan Lake Road, Eagle, CO 81631

Phone: (970) 328-6715 | Fax: (970) 470-6699

Hours: Mon-Fri 8:00am - 6:00pm

FRISCO

360 Peak One Drive | Suite 370, Frisco, CO 80443

Phone: (970) 668-3169 | Fax: (970) 668-3243

Hours: Mon-Fri 8:00am - 6:30pm

EDWARDS

320 Beard Creek Road, Edwards, CO 81632

Phone: (970) 569-7777 | Fax: (970) 470-6698

Hours: Mon-Fri 8:00am - 6:00pm

GYPSUM

52 Lundgren Boulevard, Gypsum, CO 81637

Phone: (970) 777-2700 | Fax: (970) 470-6647

Hours: Mon-Fri 8:00am - 6:00pm

SILVERTHORNE

265 Tanglewood Lane, Silverthorne, CO 80498

Phone: (970) 262-0179 | Fax: (970) 513-4513

Hours: Mon-Fri 8:00am - 6:30pm